



## Problematic Sexual Behavior Questionnaire

Problematic sexual behaviors may exist in many contexts (relationships, business, care-giving, lifestyle). The following questionnaire offers an opportunity to gain awareness of behaviors that have been reported as problematic by people who are in treatment for sexual issues. If you answer “yes” one or more of these, it may be important for you to contact us to seek a more complete assessment.

- Obscene phone calls or texting
- “Sexting” or sending seductive, semi- or nude images of yourself
- Non-sexual but related boundary violations (inappropriate comments or continued contact after you have been asked to cease contact)
- Sexual behavior that you have lied about
- Sexual behavior that others have complained about
- Divorce or separation due to sexual behavior
- Continued relationship failure due to sexual behavior
- Soliciting prostitution
- Attending strip clubs
- Attending massage parlors or soliciting massage online
- Working or serving as a prostitute or escort
- Sexual activity with employers/employees
- Sexual activity with employment-related clients or persons in your care
- Sexual harassment complaints or lawsuits
- Sexual activity that involves any kind of trading

- Serial, or concurrent (multiple-on-going) sexual relationships
- Serial, or concurrent (multiple-on-going) extra-marital affairs
- Anonymous sexual contact
- One-night stands
- Sexual activity under the influence of any mood-altering substance
- Sexual activity in a public or inappropriate location
- Compulsive masturbation
- Compulsive use of on-line pornography
- Compulsive use of internet sex sites and/or chat rooms
- Compulsive use of cybersex
- Contacting/Meeting others you have interacted with online for sex
- Compulsive use of pornographic print or video materials
- Cross dressing
- Voyeuristic behavior (Peeping Tom) via online sites
- Exhibitionistic behavior via online sites
- Compulsive use of sexual appliances
- Causing bodily injury in any form due to use of objects
- Compulsively involving sexual appliances or non-sexual objects in sexual behavior
- Experiencing erectile dysfunction due to compulsive masturbation
- Sexual contact or behavior that you do not feel that you have control over