



Have you tried
to stop looking
at porn, but
just keep going
back?

Has porn been
stealing your
time away from
important
things?

Concerned
your
relationships
might be hurt
or damaged by
porn?

If the answer
is YES to any
of these
questions, this
is for YOU!

10 WEEKS
ONLY
\$250

This educational course will help you:

- Learn a core set of skills you can use anywhere, anytime
- Prevent sabotage by training your brain
- Keep unwanted impulses from taking control
- Achieve and maintain consistent recovery
- Build a support community

COMMON *Thread*
GROUP

DEVELOPED TO JUMP START YOUR RECOVERY

Don't let pornography cause you to lose the life you have built for yourself. This group can help.
Space is limited. Call 614.263-8161 or email mend@c-roads.com to secure your spot.

Groups are forming now



Crossroads Counseling Group
3620 N. High St., Suite 107 | Columbus Ohio 43214
mend@c-roads.com | (614) 263-8161 ext 73